



2024 SAFETY DAY

February 10, 2024



Agenda

- Overview Charles
- Emergency Action Plan Walt/All
- Safety Resources All
- Keelboats Scott/Cristina
- Small boats Chris
- Dock/Cage Chris/Charles
- Q & A All

Overview Why are we doing this?

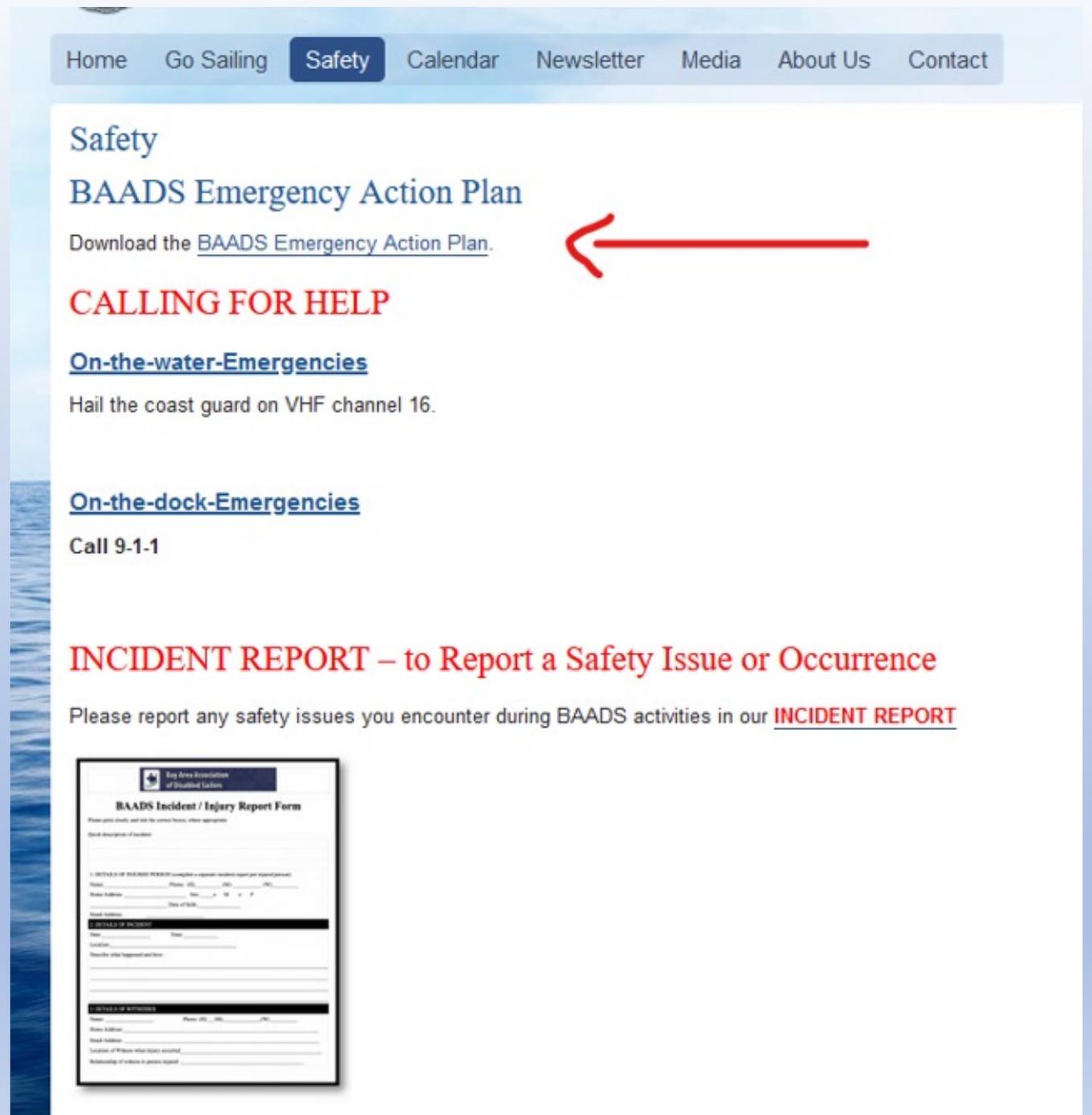
- BAADS has been very safe and wants to stay that way!
- We sail in San Francisco Bay, where conditions can be fierce and unpredictable.
- Sailing isn't as fun if you get injured (or worse) in the process.
- If something happens, we want to be prepared.
- **This an effort to broaden safety awareness, preparation, and response.**

BAADS Emergency Action Plan: Walt

- Developed 2017
- Resource to be used during an event, not a general reference
- EAPs to be adapted for specific situations – and has been used!
- Included as part of keelboat skippers training

BAADS Safety page

- www.baads.org/safety
- Emergency Action Plan
- Incident Report



The screenshot shows the BAADS website's safety page. At the top is a navigation menu with links for Home, Go Sailing, Safety (highlighted), Calendar, Newsletter, Media, About Us, and Contact. Below the menu, the page title is "Safety". The main heading is "BAADS Emergency Action Plan", with a red arrow pointing to the text "Download the [BAADS Emergency Action Plan](#)". Below this is a red heading "CALLING FOR HELP". Underneath are two sub-sections: "On-the-water-Emergencies" with the instruction "Hail the coast guard on VHF channel 16." and "On-the-dock-Emergencies" with the instruction "Call 9-1-1". A red heading "INCIDENT REPORT – to Report a Safety Issue or Occurrence" is followed by the text "Please report any safety issues you encounter during BAADS activities in our [INCIDENT REPORT](#)". At the bottom, there is a thumbnail of a "BAADS Incident / Injury Report Form" which includes fields for name, address, phone, date of birth, and details of the incident.

Safety Resources at BAADS: All

- Checklists on each keelboat
 - Passenger & safety briefing
 - Equipment checks
 - Procedures for departing and putting boat away safely
- SOS Mayday Procedures
- Emergency Contact Numbers (Dockside, Whalers, keelboats)
- Whaler (safety boat) checklist
- BAADS Skipper Emergency Contact Sheet
- Float plans
- Defibrillator

Safety Resources: Other

- US Sailing
 - Safety at Sea Resources, including training, equipment lists
 - <https://www.ussailing.org/education/adult/safety-at-sea-resources/>
 - Adaptive Sailing Resource Manual:
 - <https://www.ussailing.org/education/adult/adaptive-sailing/resource-manual/>
- USCG
 - Boating Safety Division: <https://uscgboating.org/>
 - Summary of Coast Guard equipment requirements:
 - <https://www.boatus.org/equipment/>
- California Required Boat Safety Equipment
 - https://dbw.parks.ca.gov/?page_id=29416

BoatUS Resources



**SERVING BOATERS
SINCE 1966**

24-Hour Towing Dispatch
Hail TowBoatU.S. on VHF 16, Request Assistance
Using the BoatU.S. App, or Call 800-391-4869

Download the BoatU.S. App before going on the water. BoatUS.com/App

**See BoatU.S. Towing Service Agreements for services provided and exclusions.*

TRAILER ASSIST® Roadside Service.....800-391-4869
Marine Insurance Quotes.....800-283-2883
Marine Insurance Claims—24-Hours.....800-937-1937

BoatU.S. Headquarters, 5323 Port Royal Rd, Springfield, VA 22151
Membership Services 800-395-2628



**BOAT OWNERS ASSOCIATION
OF THE UNITED STATES**

**BAY AREA OF DISABLED SAILORS
BAADS
MEMBERSHIP # 5499359
MEMBER SINCE 8/11/2014
EXPIRES 8/31/2024**

Water Towing* : Unlimited Gold
Trailer Assist* : \$50 On The Road Trailer Assist

Keelboats: Scott, Cristina

- Wear your PFD
- Follow skipper's instructions
- Pay attention
- 3 points of contact with boat
- Know location of fire extinguisher

Scenario 1: Physical Distress

Jim has been sailing with BAADS for a little over 3 years. He has a leg injury from a work accident. He started in 303s, but for the last year has been sailing Liberties. On a day with winds 10-15 knots, the fleet was practicing race starts in McCovey Cove when Jim radios in that he is feeling light-headed with a little tightness in the chest.

Small boats: Chris

- Wear your PFD
- Have a radio and whistle
- Stay close to a chase boat
- Follow instructions

Scenario 2: Equipment malfunction

On a normal Keelboat sail, Tashi is out near Alcatraz. Conditions are clear with wind of 15-20 knots. Without warning, the rigging on the mainsail snaps and the main is inoperable.

Dock/Cage: Chris, Charles

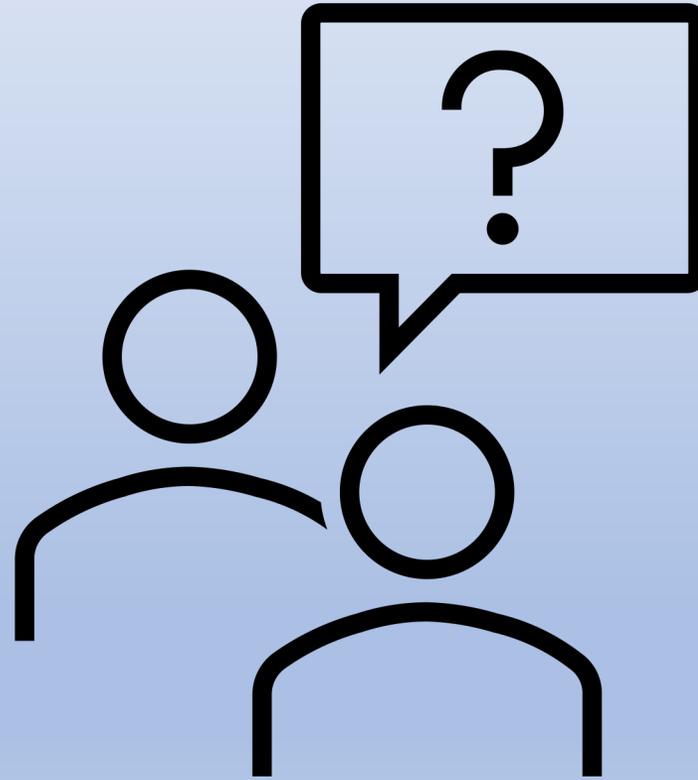
- Best Practices
 - Always wear a PFD
 - Follow checklists 2x's
 - Avoid congestion on the dock
 - Wheelchair seatbelts
 - Stay away from the edge
 - Be accommodating
 - Know how to use lift/sling
- First Aid Kit location
- Cage mainly accessed by volunteers
- Report any safety issue to the dockmaster
- If in immediate need, call 911.

Scenario 3: Dock mishap

While getting the small boats rigged, an able-bodied volunteer is trying to squeeze by and steps off the dock.

Now imagine it to be someone with a disability that ends up in The Bay.

Q&A: Anything on your mind?



Thank you

Thank you

Thank you