



2024 SAFETY DAY

February 10, 2024



Agenda

- Overview
- Emergency Action Plan
- Safety Resources
- Keelboats
- Small boats
- Dock/Cage
- Q & A

Charles

Walt/All

All

Scott/Cristina

Chris

Chris/Charles

All

Overview Why are we doing this?

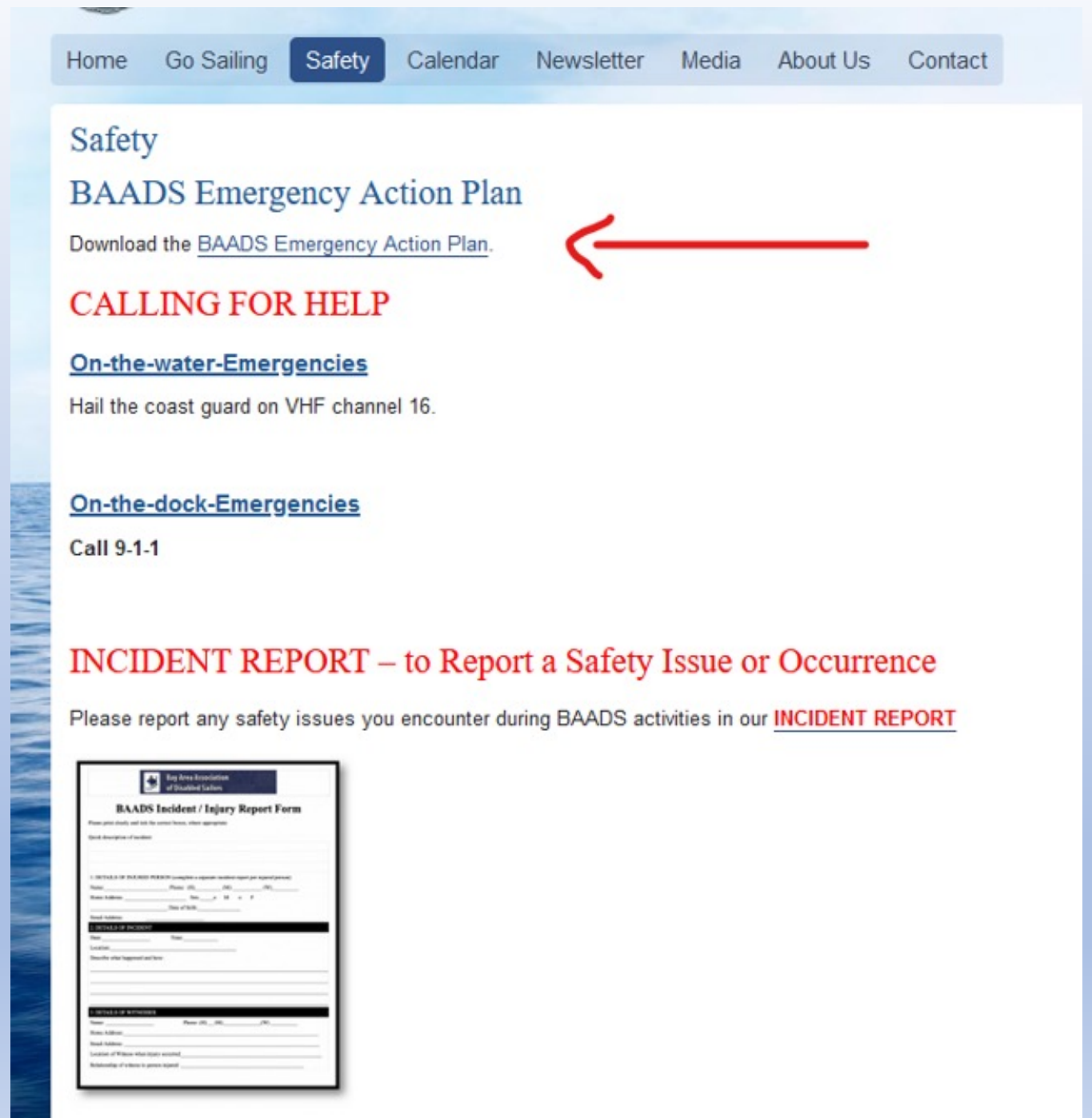
- BAADS has been very safe and wants to stay that way!
- We sail in San Francisco Bay, where conditions can be fierce and unpredictable.
- Sailing isn't as fun if you get injured (or worse) in the process.
- If something happens, we want to be prepared.
- **This an effort to broaden safety awareness, preparation, and response.**

BAADS Emergency Action Plan: Walt

- Developed 2017
- Resource to be used during an event, not a general reference
- EAPs to be adapted for specific situations – and has been used!
- Included as part of keelboat skippers training

BAADS Safety page

- www.baads.org/safety
- Emergency Action Plan
- Incident Report



The screenshot shows the BAADS website's Safety page. At the top is a navigation bar with links: Home, Go Sailing, Safety (highlighted), Calendar, Newsletter, Media, About Us, and Contact. Below the navigation bar, the page title is "Safety". The main heading is "BAADS Emergency Action Plan". A red arrow points to the text "Download the [BAADS Emergency Action Plan](#)." Below this, the text "CALLING FOR HELP" is displayed in red. Underneath, there are two sections: "On-the-water-Emergencies" with the instruction "Hail the coast guard on VHF channel 16." and "On-the-dock-Emergencies" with the instruction "Call 9-1-1". Further down, the text "INCIDENT REPORT – to Report a Safety Issue or Occurrence" is shown in red. Below this, it says "Please report any safety issues you encounter during BAADS activities in our [INCIDENT REPORT](#)". At the bottom, there is a thumbnail image of the "BAADS Incident / Injury Report Form".

Home Go Sailing **Safety** Calendar Newsletter Media About Us Contact

Safety

BAADS Emergency Action Plan

Download the [BAADS Emergency Action Plan](#).

CALLING FOR HELP

[On-the-water-Emergencies](#)

Hail the coast guard on VHF channel 16.

[On-the-dock-Emergencies](#)

Call 9-1-1

INCIDENT REPORT – to Report a Safety Issue or Occurrence

Please report any safety issues you encounter during BAADS activities in our [INCIDENT REPORT](#)

BAADS Incident / Injury Report Form

Please print clearly and fill in the correct boxes where appropriate.

Short description of incident:

1. DETAILS OF PERSONS INVOLVED (complete in separate sections report per injured person)

Name: _____ Phone: (____) _____ / _____

Home Address: _____

Work Address: _____

Date of Birth: _____

2. DETAILS OF INCIDENT

Date: _____ Time: _____

Location: _____

Describe what happened and how:

3. DETAILS OF WITNESSES

Name: _____ Phone: (____) _____ / _____

Home Address: _____

Work Address: _____

Location of witness when incident occurred:

Relationship of witness to person injured:

Safety Resources at BAADS: All

- Checklists on each keelboat
 - Passenger & safety briefing
 - Equipment checks
 - Procedures for departing and putting boat away safely
- SOS Mayday Procedures
- Emergency Contact Numbers (Dockside, Whalers, keelboats)
- Whaler (safety boat) checklist
- BAADS Skipper Emergency Contact Sheet
- Float plans
- Defibrillator

Safety Resources: Other

- US Sailing
 - Safety at Sea Resources, including training, equipment lists
 - <https://www.ussailing.org/education/adult/safety-at-sea-resources/>
 - Adaptive Sailing Resource Manual:
 - <https://www.ussailing.org/education/adult/adaptive-sailing/resource-manual/>
- USCG
 - Boating Safety Division: <https://uscgboating.org/>
 - Summary of Coast Guard equipment requirements:
 - <https://www.boatus.org/equipment/>
- California Required Boat Safety Equipment
 - https://dbw.parks.ca.gov/?page_id=29416


BoatUS Resources

**SERVING BOATERS
SINCE 1966**

24-Hour Towing Dispatch
Hail TowBoatU.S. on VHF 16, Request Assistance
Using the BoatU.S. App, or Call 800-391-4869
Download the BoatU.S. App before going on the water. [BoatUS.com/App](https://www.boatus.com/app)
*See BoatU.S. Towing Service Agreements for services provided and exclusions.

TRAILER ASSIST® Roadside Service.....800-391-4869
Marine Insurance Quotes.....800-283-2883
Marine Insurance Claims—24-Hours.....800-937-1937

BoatU.S. Headquarters, 5323 Port Royal Rd, Springfield, VA 22151
Membership Services 800-395-2628

**BOAT OWNERS ASSOCIATION
OF THE UNITED STATES**

**BAY AREA OF DISABLED SAILORS
BAADS
MEMBERSHIP # 5499359
MEMBER SINCE 8/11/2014
EXPIRES 8/31/2024**

**Water Towing* : Unlimited Gold
Trailer Assist* : \$50 On The Road Trailer Assist**

Keelboats: Scott, Cristina

- Wear your PFD
- Follow skipper's instructions
- Pay attention
- 3 points of contact with boat
- Know location of fire extinguisher

Scenario 1: Physical Distress

Jim has been sailing with BAADS for a little over 3 years. He has a leg injury from a work accident. He started in 303s, but for the last year has been sailing Liberties. On a day with winds 10-15 knots, the fleet was practicing race starts in McCovey Cove when Jim radios in that he is feeling light-headed with a little tightness in the chest.

Small boats: Chris

- Wear your PFD
- Have a radio and whistle
- Stay close to a chase boat
- Follow instructions

Scenario 2: Equipment malfunction

On a normal Keelboat sail, Tashi is out near Alcatraz. Conditions are clear with wind of 15-20 knots. Without warning, the rigging on the mainsail snaps and the main is inoperable.

Dock/Cage: Chris, Charles

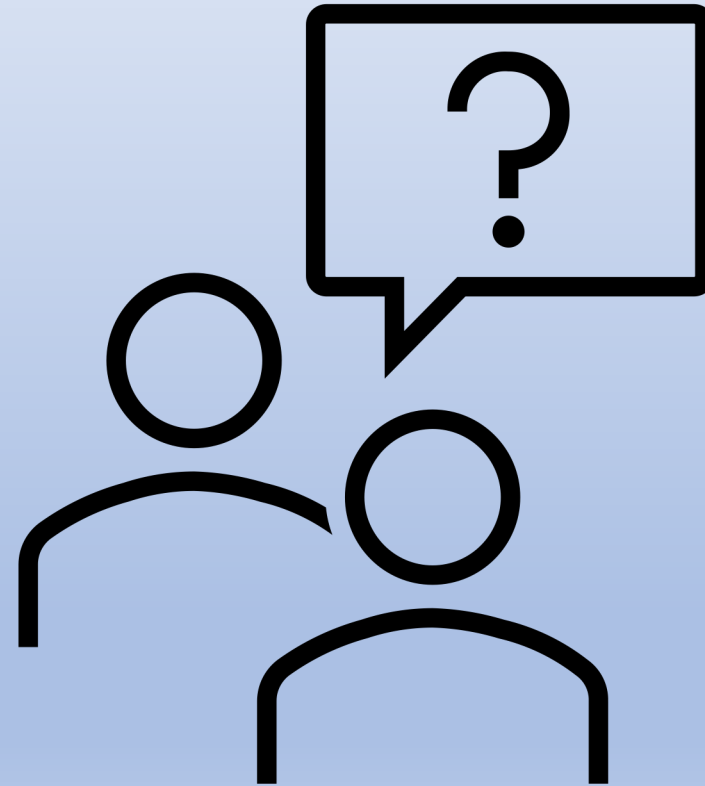
- Best Practices
 - Always wear a PFD
 - Follow checklists 2x's
 - Avoid congestion on the dock
 - Wheelchair seatbelts
 - Stay away from the edge
 - Be accommodating
 - Know how to use lift/sling
- First Aid Kit location
- Cage mainly accessed by volunteers
- Report any safety issue to the dockmaster
- If in immediate need, call 911.

Scenario 3: Dock mishap

While getting the small boats rigged, an able-bodied volunteer is trying to squeeze by and steps off the dock.

Now imagine it to be someone with a disability that ends up in The Bay.

Q&A: Anything on your mind?



Thank you

Thank you

Thank you