



## BAADS COVID-19 Policy

It is the policy of Bay Area Association of Disabled Sailors that all sailors, crew, volunteers, caregivers, and visitors follow these requirements:

- **Individuals are responsible for knowing their own health risks and bringing their own PPE.**
- Everyone must sign a waiver before coming to the dock, each time you come to the dock.
- Social distancing (specifically, staying 6 feet away from others when you must go into a shared space)
- Frequently washing hands for at least 20 seconds or use alcohol-based (at least 60% alcohol) hand sanitizer when soap and water are not available
- Bring and wear face coverings while on the dock and getting into and out of boats. Once out of the harbor the masks are encouraged, but voluntary. It's permissible to remove your mask if everyone on the boat agrees.
- Bring and wear your own PFD
- Avoid touching eyes, nose, and mouth
- Stay home when sick
- Clean and disinfect frequently touched objects and surfaces
- Avoid contact with people who are sick
- Every participant should consult with their doctor about their own risks
- If you can't get in a boat on your own, bring someone to help you, like a family member or caregiver. If you are unable to bring someone, contact BAADS Program Director in advance to see if there is someone available to help.
- Wear freshly laundered clothes to the dock/sailing.
- Follow all BAADS COVID-19 procedures.

Exceptions to these guidelines will be handled on a case by case basis by contacting the BAADS Commodore.